

# AYAC CHEER RUMBLE 2011

Cheerleader and Coaches,

You are invited to [Cheer Rumble 2011](#), hosted by the Cheerleaders of the Amelia Youth Athletic Club.

**WHEN:** Sunday, October 9, 2011  
**WHERE:** Amelia High School  
1351 Clough Pike  
Batavia, Ohio 45103



## DIVISIONS AND TENTATIVE TIMES:

5-6 YR. OLDS -	9:00	AM
7 YR. OLDS -	10:00	AM
8 YR. OLDS -	11:00	AM
9 YR. OLDS -	12:00	PM
10 YR. OLDS -	1:00	PM
11-12 YR. OLDS -	2:00	PM

*\*\*TIMES MAY BE ADJUSTED BASED ON THE NUMBER OF SQUADS PARTICIPATING IN THIS EVENT. COACHES WILL BE NOTIFIED IN ADVANCE OF TIMES.\*\**

**AWARDS:** All participants will receive an award. Trophies will be given out for 1<sup>st</sup>, 2<sup>nd</sup>, 3<sup>rd</sup> place. Awards will also be given for Best Toe Touch, Best Herkie, Outstanding Cheerleader, and Most Spirit for each Division. The Spirit Award will be voted on by the participating squads.

**FEES:** \$10.00 per cheerleader  
(No Cost for up to 4 Coaches/Advisors per squad)

**SPECTATOR** \$5.00 Adult

**ADMISSION:** \$3.00 Seniors  
12 & under free

**FORMS** Registration forms, T-Shirt orders, and Money are due by **Sept. 23, 2011.**

**& MONEY:** Medical Release forms are due by the morning of competition.

**CHECKS SHOULD BE MADE PAYABLE TO: AYAC**

**PLEASE MAIL TO...**

RENEÉ ALSIP

34 EASTRIDGE DR.

AMELIA, OHIO 45102

[ralsip@fuse.net](mailto:ralsip@fuse.net) (e-mail)

NEITHER AMELIA HIGH SCHOOL NOR WEST CLERMONT LOCAL SCHOOL DISTRICT IS AFFILIATED WITH THIS COMPETITION IN ANYWAY. ALL QUESTIONS OR CONCERNS SHOULD BE DIRECTED TO AMELIA YOUTH ATHLETIC CLUB (VP OF CHEERLEADING RENEÉ ALSIP AT [ralsip@fuse.net](mailto:ralsip@fuse.net)).

**CHEER RUMBLE 2011**  
**AYAC CHEER COMPETITION**

**Sunday October 9, 2011**  
**Rules & Regulations**

In addition to the rules listed below, all Cheerleaders, Coaches and Coordinators must abide by the rules and regulations as set forth by the Ohio High School Athletic Association Rules.

1. Participation in the divisions will be determined by the average age of the squad members on the day of the competition. Add the ages of all the girls on the squad, divide by the number of girls and round up.
2. All squads must provide a photo and a copy of each participant's birth certificates at the time of check-in on the day of competition.
3. No all star squads or squads that have try-outs are permitted to participate.
4. A panel of judges (minimum of 3) will be selected with *their decisions being final*. If more than 3 judges are selected, the lowest score will be dropped.
5. If there is a tie among any category, it is within the judges' discretion to require the squads to perform their routines a second time after all categories have completed their routines.
6. Each cheerleader parent must complete a medical release form prior to competition. If a form is not received, that cheerleader will not compete.
7. During the competition, there will be designated areas for cheerleaders, coaches, team moms, and coordinators, NO ONE else will be permitted in this area. This is for the safety of the participants. This rule will be strictly enforced.
8. Each squad must perform a routine consisting of at least a cheer, chant and dance. Either the cheer or the chant must require crowd participation. It must not exceed 5 minutes but be at least 2 minutes and 30 seconds.
  - Timing will begin with the first note of music or the first organized word or motion by the team after the team is officially announced to take the floor.
  - Timing will end with the last organized word, movement, or note of music by the team. Teams must exit the floor immediately following their routine.
  - Spiriting on and off the floor will not be counted in the time.
  - The order of competition will be determined the day of competition.

9. This is a Non-building Competition...

- No partner stunts (holding hands cartwheels are permissible).
- No dive rolls.
- Drops (knee, thigh, front back & split drops) from a jump, stand, or inverted position are prohibited unless the majority of the weight is first borne on the hands/feet, which breaks the impact of the drop. (Ex.: splits from a cartwheel).
- Tumbling skills are limited to two flipping rotations. **NO EXCEPTIONS!!**  
Example of correct tumbling pass: round off into a back handspring, back handspring. Then you must stop, change direction, and then you can proceed to do another tumbling pass.
- Tumbling with a prop is prohibited! This includes when spiriting on/off the floor.
- Poms, signs, flags, and megaphones are the only props permitted.

10. For the 5-6, 7 and 8 yr. Old Squads...

- Coaches may place poms, signs or other props on the floor prior to the start of the routine. Anything carried onto the floor, should be carried off by the same squad.
- Coaches may sit in front of the girls during their routine, but they may not help! Any coaching from the stands or from coaches will constitute a 25 point deduction. However, saying the words of the cheers/chants along with the squad, encouraging smiles, or doing a motion that is requested as part of a crowd participation cheer (ex. Cheer says to clap your hands, stomp your feet etc.) will not constitute as “help” and will not result in a point deduction.

12. For the 9, 10, & 11-12 yr. Old Squads. . .

- Cheerleaders must place their own poms, signs or other props. This may be done before the start of the routine. Anything carried onto the floor, should be carried off by the same squad.
- Only 1 Coach is permitted to sit in front of the squad during their routine. All other coaches will sit behind their squad during their routine. Any coaching from the stands or from coaches will constitute a 25 point deduction. However, saying the words of the cheers/chants along with the squad, encouraging smiles, or doing a motion that is requested as part of a crowd participation cheer (ex. Cheer says to clap your hands, stomp your feet etc.) will not constitute as “help” and will not result in a point deduction.

13. Other Important Details...

- A 42' x 42' mat will be provided for performance of the routines for *safety purposes only*. No point deductions will result for stepping off the mat.
- **NO JEWELRY or GLITTER OF ANY KIND!!** (This includes glitter on signs!)

- Light glitter eye make-up applied with proper make-up glue and Face Tattoos are acceptable.
  - NO ONE is permitted to stand behind the judges table. No sideline coaching!!
  - NO ONE will be permitted to enter or leave during a performance. Doors will remain closed during performances.
  - One coach will be permitted to bring their tape/cd to the sound table. Music needs to be cued and ready. We suggest you bring more than one copy of your music.
  - Video cameras are permitted but NO tripods. Video cameras must be hand held in the stands.
  - Concessions will be available throughout the day. ABSOLUTELY NO FOOD OR DRINKS (INCLUDING WATER BOTTLES) ARE PERMITTED IN THE GYM.
  - We will have various vendors present throughout the day to sell items such as spirit wear.
  - NO PETS OR ANIMALS OF ANY KIND. (THIS INCLUDES ANIMALS USED AS TEAM MASCOTS)
14. All coaches are responsible for sign in. Each coach will draw numbers for the order of their squad's performance.
15. The use of alcohol, profane, language, or improper behavior will not be tolerated. Violation will result in immediate ejection from the facility. If a head coach or spectator is ejected, they must leave the facility in its entirety. NO REFUNDS!!
16. Good sportsmanship must be observed. Taunting and/or harassment of any kind will not be tolerated. Violation of this may result in immediate ejection of the individual or in the disqualification of the squad. This will be determined on a case by case basis by the AYAC staff.
17. AYAC reserves the right to change, combine, divide, or cancel divisions.

***FAILURE TO COMPLY WITH ANY OF THESE RULES COULD RESULT IN DEDUCTION OF POINTS OR DISQUALIFICATION!!***

**CHEER RUMBLE 2011**  
**AYAC YOUTH CHEERLEADING COMPETITION**  
**OCTOBER 9, 2011**  
**MEDICAL RELEASE FORM**

Please complete all sections below. Each coach is required to submit one medical form for each participant in the competition.

**PARTICIPANT INFORMATION**

Participant's Name	<u>AMELIA HIGH SCHOOL</u> Location of Competition
Street Address	Participant's School Name
City, State, Zip	Participant's Grade and Age
Participant's Date of Birth	Parent/Guardian Daytime Phone

**MEDICAL & INSURANCE INFORMATION**

Insurance Company	Current Medication/Allergies
Address	Policy Number
Family Physician	Physician Phone

**MEDICAL TREATMENT AUTHORIZATION AND LIABILITY RELEASE**

I, the undersigned parent or guardian, do hereby grant permission for the above named participant to attend and compete in the above listed cheerleading competition. I also authorize any necessary treatment by a qualified physician for my daughter/son for any injury which may be sustained during the competition. In case of emergency during the event, I would like my daughter/son taken to a hospital for medical treatment, and hold Amelia Youth Athletic Club, Inc., Amelia High School, West Clermont Local School District, and the respective representatives of each organization harmless in their execution of this authority.

I further release the above named organizations and their representatives from any claims for injuries or illness that may be sustained as a result of my daughter's/son's participation in this event. I acknowledge and understand that in participating in this event, there is a possibility my daughter/son may sustain physical illness or injury in connection with her/his participation. I further understand and acknowledge that my daughter/son and I assume the full risk of physical injury by their participation.

I understand and will be responsible for any medical bills that may be incurred on behalf of my daughter/son for physical illness or injury they may sustain during the competition. The Amelia Youth Athletic Club, Inc. reserves the right to send any participant to a hospital for diagnosis and treatment, with the parent or legal guardian of the participant assuming full responsibility. I have read the above statement and agree in full to its content. I also certify that I am the legal guardian of the participant and legally able to sign this form on behalf of the participant.

\_\_\_\_\_  
Parent/Guardian Signature

\_\_\_\_\_  
Date

\_\_\_\_\_  
Emergency Phone Number

**CHEER RUMBLE 2011**  
**AYAC CHEER COMPETITION**  
 REGISTRATION FORM

NAME OF SCHOOL/ORGANIZATION: \_\_\_\_\_

AGE DIVISION: \_\_\_\_\_ MASCOT: \_\_\_\_\_

COLORS: \_\_\_\_\_

**Please make a complete list of squad members and coaches –OR- attach a roster including all information!**

**SQUAD MEMBERS**

	<i>Name</i>	<i>Age</i>	<i>DOB</i>		<i>Name</i>	<i>Age</i>	<i>DOB</i>
1.	_____	_____	_____	14.	_____	_____	_____
2.	_____	_____	_____	15.	_____	_____	_____
3.	_____	_____	_____	16.	_____	_____	_____
4.	_____	_____	_____	17.	_____	_____	_____
5.	_____	_____	_____	18.	_____	_____	_____
6.	_____	_____	_____	19.	_____	_____	_____
7.	_____	_____	_____	20.	_____	_____	_____
8.	_____	_____	_____	21.	_____	_____	_____
9.	_____	_____	_____	22.	_____	_____	_____
10.	_____	_____	_____	23.	_____	_____	_____
11.	_____	_____	_____	24.	_____	_____	_____
12.	_____	_____	_____	25.	_____	_____	_____
13.	_____	_____	_____	26.	_____	_____	_____

**COACHES**

1. \_\_\_\_\_ Contact # **and** e-mail \_\_\_\_\_

2. \_\_\_\_\_ Contact # **and** e-mail \_\_\_\_\_

PLEASE LIST ASST. COACHES: \_\_\_\_\_

PLEASE LIST TEAM MOMS: \_\_\_\_\_

**# OF SQUAD MEMBERS** \_\_\_\_\_ **X \$10.00 =** \_\_\_\_\_

**# OF T-SHIRTS** \_\_\_\_\_ **X \$10.00 =** \_\_\_\_\_

**2XL/3XL UPCHARGE** \_\_\_\_\_ **X \$2.00 =** \_\_\_\_\_

**TOTAL ENCLOSED:** \_\_\_\_\_

**Please mail only one check or money order per squad.**

# CHEER RUMBLE 2011

## AYAC CHEER COMPETITION

### T-SHIRT ORDER FORM

We are offering Competition T-Shirts for sale. It will be a white t-shirt with a unique Cheer Rumble Design on it.

**COST:** \$10.00 per shirt

**SIZES:** Youth Sm. (6-8)  
 Youth Med. (10-12)  
 Youth Lg. (12-14)  
 Adult Sm., Med., Lg., XL, 2XL, 3XL

Competition T-Shirts should be PRE-ORDERED. We will have a few available the day of competition. However, the price at competition will be \$12.00 each.

Pre-ordered T-Shirts will be given to the Coaches the Day of Competition.

If you would like to pre-order a competition t-shirt, please fill out the bottom of this form and return it to your Coach by no later than \_\_\_\_\_.

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#### T -SHIRT ORDER FORM

ORGANIZATION/SCHOOL: \_\_\_\_\_

AGE GROUP: \_\_\_\_\_ CHEERLEADER: \_\_\_\_\_

<u>SIZE</u>	<u>QTY</u>	
_____	_____	x \$10.00 = _____
_____	_____	x \$10.00 = _____
_____	_____	x \$10.00 = _____
_____	_____	x \$10.00 = _____
2XL&3XL Up charge:	_____	x \$ 2.00 = _____

**TOTAL DUE = \_\_\_\_\_**